

Chill Out LA: Spa, Beauty and Wellness Guide

Keeping Los Angeles beautiful, healthy and relaxed. Spa reviews, event invites, special offers and more.

Green Bliss EcoSpa



Feel Good About Feeling Good

I've tried out quite a few mobile spa services, so I can say with authority that [Green Bliss EcoSpa](#) does a stellar job of creating a relaxing environment in your home. The company's attention to detail is present in its amazing-smelling herbal products, aromatherapy candles and careful music selection. I had no idea my bedroom could be so spa-like!

Green Bliss uses only high-end organic products, such as Naturopathica, in its innovative treatments. The spa also offers a convenient pricing plan based on the length of time spent on services, which allows you to customize the session just to your liking. My two-hour "Monsoon Renewal Ritual" with Vanessa included a full body scrub with a wonderfully fresh-smelling bamboo and lemongrass body polish, a soothing foot soak, a refreshing seaweed facial masque and a full-body aromatherapy massage. She used an intoxicating juniper and cypress aromatherapy blend to promote lymphatic drainage, as well as a Thai herbal poultice that uses medicinal heat to melt away tension. Another lovely touch was the spa gift included with my treatment: a delicious-smelling aromatherapy candle (made by Vanessa herself), lavender soap and an Elixir tonic.

By the end of my session, I was inspired to re-create such spa-like surroundings at home more often. If only I could move my massage therapist in, as well...

: Mention Chill Out LA and receive \$50 off a two-hour in-home spa session (regular price is \$250).

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